

## FOR IMMEDIATE RELEASE

### **WHAT NOW? A NEW HANDBOOK FOR 16- TO 20-SOMETHING-YEAR-OLDS BY FAIRFAX BUSINESS OWNER**

**FAIRFAX, VIRGINIA, OCTOBER 2019** — Chris DeCarlo, a resident of Fairfax and the father of five teens from the ages of 12 to 21, recently self-published an uncensored guide to school and life for young adults. He graduated from George C. Marshall High School in Falls Church, Virginia, in 1976.

The handbook is his attempt to teach young adults how to think strategically as they mature so they can have a more meaningful life. As stated in the introduction, *This book is formatted to provide you with basic explanations, observations and real life stories regarding important topics that you should be aware of, while also providing you an opportunity to begin learning how to see things from a different perspective and to start questioning what you see and think... I hope this book serves as an another tool that you can use on your journey so that you will be able to see the multitudes of possibilities that pass through your hands and be able to catch and hold on to a really good one.*

Mr. DeCarlo further explains in the section titled, *Notes to Reader*, that the book is written in an easy to read narrative format just as *my Freshman shop teacher Mr. Sam Derrick tried to prepare us as best he could for our life journeys by weaving his real world stories, insight and advice into his lesson plans. His method seems to have worked for me and I hope it will work for you.*

An introductory section titled, *Your Real Challenge* explains, *It is important for you to understand that the choices you make now will affect your options for choices in the future.* The section titled *Warning* makes note that *The breath of topics represents the bewildering level of complexity faced by modern teens.*

Mr. DeCarlo subtitled the handbook *An Uncensored Guide to School and Life* because he tries to explain the world in a “tell it like it is” frankness which, as explained in *Warning*, *This is an uncensored version which includes some unvetted descriptions, analysis, and remedies.*

In person he explains, “This is the book every parent wants their child to read and if someone hasn’t had a teenager in the last five years they don’t have a clue as to what is going on.”

The back cover reads, *Teens don’t know which way to turn and parents don’t either. Smart phones and the internet have caused all the rules to be rewritten and nobody knows what they are. This book starts to set it straight for the teens.*

Mr. DeCarlo explains, “The overall theme of the book is very simple. It is that there are lots of opportunities for success if teens and young adults will put down their phones and engage with

the people around them. If they don't, they are going to miss out on the many opportunities for personal life successes.”

The chapter titled, *Phases of Life* begins by explaining, *It is important to understand that there are many phases of life and what is important in each of them, how they build on each other, and how they are linked.* The section also explains, *It is important for you to understand each phase and to understand what you should be accomplishing as you progress through each and why each is important to your future.*

The books are currently available for purchase from Mr. DeCarlo's online store for \$30 each. At appearances, Mr. DeCarlo is giving away free copies as a means of promoting the book. Mr. DeCarlo recently distributed copies at the American Library Association national convention in June.

Mr. DeCarlo is available for book distribution and signing events in Northern Virginia. His cell phone number is 703-973-8102 and his email address is [cdecarlo@whatnowteens.com](mailto:cdecarlo@whatnowteens.com).

Contact Mr. DeCarlo for student academic related fund raising opportunities.

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Contact:

Chris DeCarlo

Cell: 703-973-8102

[cdecarlo@whatnowteens.com](mailto:cdecarlo@whatnowteens.com)

[www.whatnowteens.com](http://www.whatnowteens.com)

Note:

A pdf graphic of the cover is available and can be emailed upon request.

